



URBANDALE
GOLF & COUNTRY CLUB

GRILL MENU

HEALTHY SALADS

Taco Salad \$8.50

Choice of seasoned beef or chicken, with diced tomatoes, shredded cheese, black olives, salsa and sour cream served in a tortilla bowl over a bed of romaine lettuce.

Chicken Bacon Ranch Salad \$8.50

Grilled or breaded chicken on a bed of romaine lettuce, with diced tomatoes, bacon, shredded cheese and croutons. Choice of dressing on the side.

Chef Club \$8.50

Ham, turkey, bacon, shredded cheese, sliced tomatoes and hardboiled egg served on a crisp bed of romaine lettuce. Choice of dressing on the side.

Side Salad \$5.00

Crisp lettuce, cheese, croutons and tomatoes served with choice of dressing on the side.

Dressings include: Ranch, French, Italian, Honey Mustard or Balsamic Vinaigrette
Extra Dressing \$.50 per cup.

DELI SANDWICHES

Half Deli Sandwich \$6.25

Whole Deli Sandwich \$8.50

Meat Options - Ham, Turkey or Chicken Salad

Cheese Options - American or Swiss

Bread Selection - White, Wheat or Rye

Choice of Trimmings - Lettuce, Tomato, Red Onion, Mustard or Mayonnaise

All sandwiches served with choice of chips, French fries, onion rings, potato salad, cottage cheese or side salad.

WRAPS

Chicken Bacon Ranch Wrap \$8.50

Grilled or Breaded chicken strips, bacon, lettuce, tomatoes, cheddar cheese, and homemade ranch dressing in a flour tortilla.

Clubhouse Wrap \$8.50

Sliced turkey, ham, bacon, shredded cheese, diced tomatoes, lettuce and ranch dressing wrapped up in a flour tortilla.

Chicken Salad Wrap \$8.50

Diced grilled chicken breast, lettuce, tomatoes celery and mayo wrapped in a flour tortilla.

HOT OFF THE GRILLE

All American Hamburger* \$9.00

1/3 pound burger served on a toasted bun.
Add cheese .50

Bacon Cheeseburger* \$9.50

1/3 pound burger served on a toasted bun.

Hot Ham & Swiss \$8.50

Thinly sliced ham smothered in Swiss cheese,
served on toasted wheat bread.

Hot Dog \$5.00

100% pure beef dog served in a warm bun.

Mushroom Swiss Burger* \$9.50

1/3 pound burger served on a toasted bun with
melted Swiss cheese over sliced baby mushrooms.

Chicken Sandwich \$8.50

Grilled or breaded chicken breast served on a
toasted bun.

Tenderloin \$8.50

Grilled or breaded pork loin served on a toasted
bun.

Club Sandwich \$8.50

Thinly shaved ham and turkey, triple layered with
bacon, mayo, American cheese, tomatoes, lettuce,
and your choice of toasted bread.

Chicken Tenders \$8.00

3 piece strips of breaded chicken breast deep fried
to a crisp golden brown.

Choice of one side and dipping sauce.

Chicken Quesadilla \$8.50

Grilled chicken and cheese folded in a flour
tortilla served with sour cream and salsa.

SIDES

French Fries \$4.50

Our crinkle cut fries in a basket.

Sweet Potato Fries \$5.00

Basket of deep fried tasty sweet potato strips.

Onion Rings \$5.00

Breaded onion slices.

Potato Salad \$4.50

Creamy mayo-based potato salad.

Cottage Cheese \$4.50

Cheese Curds \$8.00

Stuffed with white cheddar & marinara.

ALL-AMERICAN NACHOS

Full Order Nachos Chicken or Beef \$11.50

Tortilla chips heaped with nacho cheddar cheese,
black olives, jalapenos and diced tomatoes, served
with salsa and sour cream. **without meat - \$9.50**

Half Order of Meat Nachos \$7.50

without meat \$5.50

JUNIOR GOLFERS

Peanut Butter & Jelly \$4.00

¼ Pound Cheeseburger \$7.00

Chicken Strips \$7.00 (2)

Corn Dogs \$7.00

Grilled Cheese \$7.00

(All Junior Golfer meals come with French Fries)

*“Thoroughly cooking food of animal origin such as beef, eggs, fish, lamb, pork, poultry, or shellfish reduces the risk of food borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health official for further information.”