

# URBANDALE GOLF & COUNTRY CLUB

A PROUD TRADITION SINCE 1965

## LUNCH MENU

### SALADS

**Grilled Salmon & Walnut Salad \$10**

4 ounce Salmon filet with maple roasted walnuts, spinach & romaine greens, red onion, green apple and feta cheese with raspberry vinaigrette

**Chef Salad \$9.50**

Ham, turkey, bacon, shredded cheese, sliced tomatoes and hardboiled egg served on a crisp bed of romaine lettuce. Choice of dressing on the side.

**Bacon Bleu Chicken Salad \$10**

4 ounce grilled chicken breast, romaine lettuce, bleu cheese crumbles, bacon bits, tomato and white onion with balsamic vinaigrette

**Side Salad \$5**

Crisp lettuce, cheese, croutons and tomatoes served with choice of dressing on the side.

Dressings include : Creamy Parmesan (House), Ranch, French, Italian, Thousand Island, Honey Mustard, Raspberry or Balsamic Vinaigrette  
*Extra Dressing \$.50 per cup.*

### DELI SANDWICHES

**Half Deli Sandwich \$6.25**

**Whole Deli Sandwich \$8.50**

**Meat Options** – Roast Beef, Ham, Turkey or Pastrami

**Cheese Options** – American, Pepper Jack or Swiss

**Bread Selection** – White, Sourdough, Wheat or Rye

**Choice of Trimmings** - Lettuce, Tomato, Red Onion, Mustard or Mayonnaise

**\*SPECIAL\***

***Half sandwich and cup of soup - \$8.95***

### Wraps

**Chicken Bacon Ranch Wrap \$8.50**

Grilled or Breaded chicken strips, bacon, lettuce, tomatoes, cheddar cheese, and homemade ranch dressing in a flour tortilla.

### Soups

Cup \$3.00 Bowl \$5.00

Weekly Special Soup

Chili

## SANDWICHES & STUFF

**Cheeseburger \$8.50**

1/3 pound burger served on a toasted bun.  
American, Pepper Jack or Swiss Add bacon \$1.00  
Served with a side of your choice.

**Meatball Sub \$9**

Meatballs drenched in marinara sauce and covered in mozzarella cheese served on a hoagie bun.  
Served with a side of your choice.

**Brisket \$9.50**

Thinly sliced smoked brisket served on toasted sourdough hoagie bun. Served with a side of your choice.

**French Dip \$9.50**

Spectacular prime rib sliced to make our signature sandwich. Topped with melted mozzarella cheese.  
Served with a side of your choice.

**Pastrami & Swiss \$8.50**

Thinly sliced seasoned pastrami & swiss cheese served on a sourdough hoagie bun. Served with a side of your choice.

**Midwestern Style Fish n Chips \$9.50**

Lightly breaded filet of catfish served with fresh cut potato chips.

**Breaded Tenderloin \$8.50**

Our fresh breaded pork loin served on a toasted brioche bun. Served with a side of your choice.

**Honey Mustard Chicken Club Sandwich \$8.50**

Chicken breast with swiss cheese and bacon covered with honey mustard and served on a toasted hoagie bun. Comes with choice of side.

**Chicken Tenders \$8**

4 piece strips of breaded chicken breast deep fried to a crisp golden brown.  
Ranch, BBQ, Honey Mustard or Frank's Hot Sauce

**Chicken Quesadilla \$9 Cheese \$7**

Grilled chicken and cheese folded in a flour tortilla served with sour cream and salsa

**Flatbread Pizza \$9**

Margarita – chicken, spinach, diced tomatoes, fresh mozzarella, fresh basil and olive oil  
UGCC– spinach, roasted red pepper, red onion, and choice of sausage, pepperoni or chicken

### Sides

**French Fries, Steak Fries, Cottage Cheese, Onion Rings or Side Salad**

\*\*Thoroughly cooking food of animal origin such as beef, eggs, fish, lamb, pork, poultry, or shellfish reduces the risk of food borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked. Consult your physician or public health official for further information.\*\*